## Unit 11: KEEP FIT, STAY HEALTHY Section A<sub>1</sub>: A CHECK-UP

### A1. Listen. Then practice with a partner.

- \* New words:
- check-up(n): việc kiểm tra (sức khỏe)
- medical check-up (n): khám sức khỏe
- medical record (n): phiếu khám sức khỏe
- to fill in: điền vào
- to follow: theo, di theo
- height (n): chiều cao
- to measure (v) đo
- to weigh (v): cân, cân nặng
- weight (n): trọng lượng
- temperature (n): nhiệt độ
- to take one's temperature: đo nhiệt độ của ai
- normal (adj): bình thường
- scales (n): cái cân
- like (prep, conj): như, giống như
- to go back= to return: trở lại
- \* Structure: Would you + V?

Ex: Would you open your mouth, please?

- \* Now answer. Number the sentences.
- 1-f 2-d
- 3-c 4-g
- 5 e 6 a
- 7 h 8 b

#### Period 68

## **Unit 11: KEEP FIT, STAY HEALTHY** Section A<sub>2,3</sub>: A CHECK-UP

- A2. Listen. Then write the missing words.
  - \* Vocabulary:
- missing (adj): thiếu mất
- heavy (adj): nặng
- form (n): mẫu đơn
  - \* Grammar:

Ask about height

How 
$$+$$
 adj.  $+$  be  $+$  S?  
S  $+$  be  $+$  ......  $+$  adj.

Ex: How tall is he?

### He's 1.45 meters tall. Ask about weight

Ex: How heavy is he? He is 40 kilos.

- \* Answers:
- ask, how, your, 50, shorter, me, tall, meter, centimeters, will, nurse, height, think, no, form
  - Which school does he go to?
  - What is his surname?
  - How tall is he? = What's his height?
  - What's his weight? = How heavy is he?
- A3. Ask and answer questions with a partner
  - \* Grammar:
- + What's ..... height?
- He/She is......

Ex: What's his height?

- ⇒ He's one meter 40 centimeters.
- + What's ..... weight?
- He/She is.....

Ex: What's his weight?

- ⇒He's 40 kilos.
  - \* Practice:
- Which school does he go to?
- What class is he in?
- What's his surname?
- Where does he live?
- How old is he?
- What's his weight?
- How tall is he?

#### Period 69

# **Unit 11:** KEEP FIT, STAY HEALTHY Section B<sub>1</sub>: WHAT WAS WRONG WITH YOU?

B1. Listen. Then practice with a partner.

- \* New words:
- have a bad cold: bi cam lanh
- have a headache: nhức đầu
- have a virus: bi nhiễm vi rút
- $-\operatorname{sick}(a) \rightarrow \operatorname{sickness}(n)$ : bênh

- a little tired: hơi mệt
- stay inside: ở trong nhà
- write a sick note: viết đơn xin phép
  - \* Grammar :
- 1. What was wrong with her/ you?
- $\rightarrow$  She / I had a bad cold.
- $2. S + had better + V_{inf.}$

Ex: You had better stay inside. You should stay inside.

3. S + tell + somebody + to-inf.

Ex: He tells Lan to stay inside.

- \* Key answer:
- a) Because she had a bad cold.
- b) She had a headache.
- c) Mr. Tan told Lan to stay inside at recess.
- d) The doctor said that Lan had a virus.
- e) The doctor wrote Lan's sick note.